

Our Vision & Statement

Aboriginal women and (their) families leading and living self-determined futures. We are at the forefront of truth telling about Australia's colonial history and leading work on decolonisation. It is necessary to challenge and dismantle colonial systems of oppression and racism.

We promote the social and political determinants of health and engage in purposeful acts of resistance to raise the health, wellbeing and spiritual status of Aboriginal women and their families in South East NSW. We privilege Aboriginal voices, and ensure Aboriginal people are respected and treated with dignity by all. We strive for safe cultural spaces and equitable access to opportunities and resources to ensure Aboriginal women and families thrive.

Waminda aims to support Aboriginal women and their families to be strong, independent, prosperous, powerful and self-determining. We provide holistic services across the life span for Aboriginal women and their families within our model of care.



Quotes From Participants

"Incredible discussions, listening, walking and thinking."

"...Value of leaving the office and listening to the people who are impacted by our work and whose voices can make our work so much better."

"The program was amazing - so enriched and deep, given the short time we had. I learned a lot and am still processing the insights."

Department Of Premier & Cabinet -
Social Policy Unit



@WamindaSthCoast
waminda.org.au

Cultural Immersion & Decolonisation Workshops



Waminda
strong women. strong community. strong culture.

Cultural Immersions & Decolonisation Workshops

Cultural Immersions and Decolonisation workshops are truth telling shared through stories of local community. Immersions invite you to see local history through an Aboriginal lens, on an intimate journey through true Australian history.

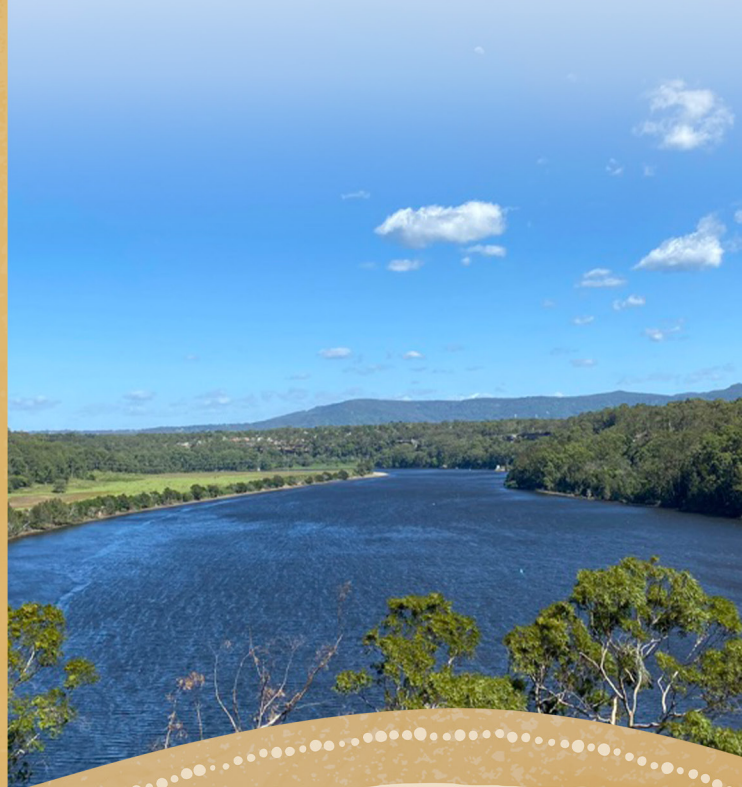
Immersions take place over a two day period; The first day "In Our Footsteps", and the second day "Through Our Eyes".

Immersions focus on truth telling, and educating participants on First Australian cultural norms and traditional practices, as well as challenging white privilege and outdated stereotypes around Aboriginal and Torres Strait Islander lives pre-invasion.

Our workshops/sessions can accommodate small/large groups as required.

Workshops/sessions can be tailored for individuals, families, organisations, businesses, government departments and not-for-profit companies.

These programs are part of Waminda's "Push Back" initiative, that works towards challenging and changing the narratives that are imposed on First Australian's by colonial structures.



Cultural Immersions & Decolonisation Workshops

Both Cultural Immersions and Decolonisation workshops work to educate non-indigenous Australians on the systematic racism and colonial structures that affect the everyday lives of Aboriginal and Torres Strait Islander people.

These workshops also address white privilege and fragility, and how non-indigenous Australians can develop the skills and insight to become culturally aware.

Decolonisation Workshops have a one day option if a group is unable to attend two sessions.

For quotes and further information please call

1800 997 330

(Free Call)

culture@waminda.org.au

To speak to our cultural manager