



Yila Nguna

Palliative & End of Life Care


**Palliative Care is an approach for
patients living with limiting or terminal illness'**

Palliative care helps clients stay comfortable while receiving care and treatment within their own home. Palliative and End of Life care assists with the prevention and relief of pain and symptoms, while addressing physical, social, emotional and spiritual wellbeing needs.

Our Team Can Support You With

- Individualised Supported Care
- Supported Transport
- Service Information and Referrals
- Advocacy
- Bookings of Appointments
- Home Visits
- Emotional and Social Support

**We Also Provide Community
Information Sessions Based On
Palliative & End Of Life Care**



For more information or to
speak with our Comprehensive
Care Team please contact us on

(02) 4421 7400 or
1800 977 330

122 Kinghorne Street,
Nowra NSW 2541



Waminda 
Comprehensive Care



Cancer Care Services

Cancer Prevention, Early Detection, Diagnosis, Treatment and Support

**If You Notice Any Worrying Changes Within Your Body,
Or Something Doesn't Feel Quite Right, Please Contact Us
For Further Information And Support**



Our Team Can Support You With

- Information and Referrals
- Cancer Screening Appointments
- Transport and Support
- Cancer Investigation and Follow Up
- Specialist Financial Support
(For eligible patients)
- Clinical and GP services
- Community Health Screening Days

Breast Cancer, Cervical Cancer and Bowel Cancer are the most common types of cancer affecting Aboriginal and Torres Strait Islander Women.

Women aged 40 years and above are eligible for a free **Mammogram (Breast Screen)** every two years.

It is recommended that you have a **Cervical Screening** if you are 25 to 74 years old. Your first screening is due two years after your last test.

Women aged 50 to 74 years are eligible for a free **Bowel Cancer** test kit, which is safe to use at home.



Waminda
Comprehensive Care

