

## Palliative Care is an approach for patients living with limiting or terminal illness'

Palliative care helps clients stay comfortable while receiving care and treatment within their own home. Palliative and End of Life care assists with the prevention and relief of pain and symptoms, while addressing physical, social, emotional and spiritual wellbeing needs.

## Our Team Can Support You With

Individualised Supported Care
Supported Transport
Service Information and Referrals
Advocacy
Bookings of Appointments
Home Visits

**Emotional and Social Support** 

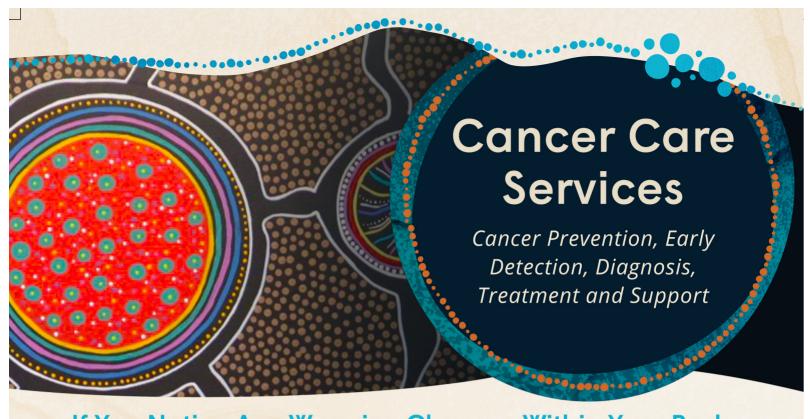
We Also Provide Community Information Sessions Based On Palliative & End Of Life Care For more information or to speak with our Comprehensive Care Team please contact us on

(02) 4421 7400 or

1800 977 330

122 Kinghorne Street, Nowra NSW 2541





If You Notice Any Worrying Changes Within Your Body,
Or Something Doesn't Feel Quite Right, Please Contact Us
For Further Information And Support

Our Team Can Support You With

Information and Referrals

**Cancer Screening Appointments** 

**Transport and Support** 

Cancer Investigation and Follow Up

Specialist Financial Support (For eligible patients)

Clincal and GP services

Community Health Screening Days Breast Cancer, Cervical Cancer and Bowel Cancer are the most common types of cancer affecting Aboriginal and Torres Strait Islander Women.

Women aged 40 years and above are eligible for a free Mammogram (Breast Screen) every two years.

It is recommended that you have a **Cervical Screening** if you are 25 to 74 years old. Your first screening is due two years after your last test.

Women aged 50 to 74 years are eligible for a free **Bowel Cancer** test kit, which is safe to use at home.

